



# BOARD MEETING MINUTES

Meeting Date: January 9, 2008, 5:00 pm

**Location:** Valley Cities Counseling and Consultation, Auburn, WA

**Board members present:**

Non-Fiduciary	Trisha Blomquist	Karin Schuyleman	Lora Dear
	Margie Staulcup	Betty Nomura	
Fiduciary	Rebecca Holderman	Beth Adams	Marsha Medgard
	Vyrn Muir	Venus Talarico	Ralph Talarico

**Board members excused:** Kim Bennett                      DeDe White                      Don Lincoln

**Guests present:** Lyungai Mbilinyi

**Staff members present:** Dianne Heide                      Denese Bohanna                      Cyndy Bracelen  
Jennifer Cooper

**Call to order** – Vice-Chair Margie Staulcup called the meeting to order at 5:05

**Quorum** – There was a quorum.

**Agenda** – Approved as written

**Approval of November 14 Minutes**

**Motion 1**            Betty moved **to approve the December 12 minutes with changes.** Second by Venus.  
The motion passed.

**Guest Speaker** – Lyungai Mbilinyi, University of Washington, School of Social Work, Innovative Program Research Group

Ms. Mbilinyi joined the Board to explain the process and results from the Men’s Domestic Abuse Check-up (MDACU). The MDACU is an early phone intervention for concerned and/or ambivalent abusive men. This is a check-up and not treatment done through a brief phone assessment and intervention. The process includes 6 phone calls during a 5-7 week span. The calls are totally private and participants can remain anonymous. The purpose of the project was to reach abusive men early by engaging them with carefully crafted advertisements that encouraged them to call and participate in the evaluation. Participants were motivated to take stock of behaviors and enter treatment as needed. The Check-up is a non threatening opportunity to “test-the-waters” and hopefully will help prevent abusers from doing further harm to family members. MDACU received a total of 515 calls – 167 were referred out and 348 participated in the Checkup. At follow-up 40% attended an optional in-person session, there were significant reductions in abusive behavior, reductions in the number of drinks per week (MDACU cautions that this is a short-term finding) and many of the participants showed concern about the impact on their families. MDACU is working on another grant and hopes to continue the project.

**Kim Bennett Fundraising Event**

Kim was unable to attend the meeting but sent flyers for an SKCCN fundraiser. Kim will donate a portion of her commission to the SKCCN from any funded mortgage that results from a referral through the SKCCN Board or staff. This is a great way to start building some money for Association efforts. Dianne has additional flyers and an Acrobat file of the flyer for anyone who would like more.

**Beth Adams Honored**

Beth Adams was presented with a plaque for her efforts on behalf of the Steppin' Out to Stop Domestic Violence Walk-A-Thon. Beth won first place for the individual who raised the most in donations -- \$695 – she said she accomplished this in just a few days time. *CONGRATULATIONS AND THANK YOU TO BETH!*

**Youth Advisory Grant**

Dianne updated the Board on the Youth Advisory Grant and process. Applications went out January 2<sup>nd</sup> (as planned) and is included on the SKCCN web site. Applications are due in the SKCCN offices by noon on February 6. Dianne will send copies of the grant applications to members of the CAT Committee by February 7 for their review at the Committee meeting on February 9 to select the applications they will recommend for approval by the Board on February 13. Applicants will be contacted on February 14 with the good or bad news. Projects are expected to be completed by June 30 and will make a presentation to the SKCCN Board at the June Board meeting.

**Resiliency Exercise**

Jennifer provided the Board with a little fun via a Board game that explored resiliency. Everyone had fun and learned a lot.

**Day in Olympia**

Dianne explained the logistics of the February 20 Day in Olympia and asked if any Board members would be interested in attending. Trisha, Rebecca, Lora and Venus all volunteered – Betty will let Dianne know later. Dianne will get everyone signed up. All those interested in going were asked to contact their legislators to make appointments for the afternoon of February 20.

**Committee and Staff Reports**

All reports were provided in writing.

**Staff Notes**

Denese reported that things are moving along very well for the Safety & Accountability Audit training planned for February 11 & 12. She invited any Board member interested in attending to give her a call or send an email. This is an important SKCCN effort and a great opportunity for the Board to learn more.

Dianne reported that the Regional Collaborative was considering the idea of undertaking a Court Watch project. This could be an exciting undertaking and she will keep the Board posted. New Board Orientation is planned for February 2 – she extended an invitation to senior Board members to attend if they would like.

**Miscellaneous Announcements**

The Finance Committee invited anyone interested to join them at their meeting on January 26. The meeting will be held at the Muckleshoot Family Restaurant and as a special incentive the Committee will get a free breakfast on Dianne Heide. After the meeting interested parties will spend some quality time together playing the penny slots – the group promised that no SKCCN money would be used for the fun.

Meeting adjourned – 7:00

Minutes Approved:

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Signed \_\_\_\_\_ Date \_\_\_\_\_