

Statement of Work

This is a contractual requirement of the 2007 – 2009 Interagency Agreement between the Network and the Family Policy Council (FPC). It must be approved and signed prior to obligating Network funds. The approved document should be filed with the Agreement Records of the Network and its Fiscal Agent, and with the FPC.

(South King County Community Network)

The following number must reference request for reimbursement for work described by this Statement:

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1. As an interim step toward reducing the following selected problem behavior(s)
(Any of the general at-risk behavior problem areas listed as described in Chapter 70.190 RCW: Violent delinquent acts, teen substance abuse, teen pregnancy and male parentage, teen suicide attempts, dropping out of school, child abuse or neglect, and domestic violence.)

Domestic violence, child abuse and neglect, and youth violence

The Network is working toward the following short-term Child and Family Result or Outcome:
(Short-term child and family result/outcome means a measurable change in the knowledge, skills, attitude, behavior, or status of a child or family that can be expected to occur within one to two years, and with sufficient scale and duration, may be logically related to a long term result.)

- A. Increase child safety
- B. Increase parenting skills for offending and non-offending parents
- C. Strengthen families by increasing their resiliency
- D. Reduce perpetration of domestic violence

Among this population:

(A specific group of people emphasized for a strategy, program, or service.)

- A. Non-offending parents
- B. Offending parents
- C. Children who experience or are exposed to family violence
- D. Children and families at-risk of family violence
- E. Youth who are beginning to date

2. Is the Network working to produce a Community Result (Outcome) that will logically lead to the result listed above?

Please check one of the following: Yes No

If yes, the Network is working toward the following Community Result (Outcome):

(Community Result/Outcome means a change in the skills, practices, awareness, and/or response to human needs on the part of service providers, policy, and other decision makers, systems, organizations, and communities that can be expected to occur within one or two years and with sufficient scale and duration, is expected to lead to long-term results in the lives of children and families.)

Improve community and system responses to children exposed to DV and other adverse childhood experiences.

3. Our Network Board completed the Community Context for 2007-2009 Work and we concluded that the most effective strategy to use at this time is to:

(Strategy: A general description of an approach to improving outcomes, such as mobilizing families to support children and other families, skills training, service collaboration, outcomes training for service providers, etc. This does not need to be the actual subcontractor or program name, but can be a general strategy that logically connects several program descriptions or sets of actions.)

The SKCCN, after consultation with several national experts (Dr. Rob Anda, Dr. Linda Chamberlain, Dr. Katreena Scott, and Dr. Sandra-Graham-Bermann), and community partners (King County Coalition Against DV, Domestic Abuse Women's Network, YWCA, health care providers, Safe Havens, batterer intervention providers, school counselors and parent educators, chose the following strategies for 2007-2009.

1. **Working collaboratively with community partners to design and implement a workable system of community responses to children exposed to DV and other adverse childhood experiences.** We recognize that it takes partnerships and working relationships across many systems and sub-communities to develop an effective response system. Through collaborative partnerships SKCCN will
 - a. Assist the community to reach consensus on and develop strategies to implement the desired community responses to children exposed to DV.
 - b. Help systems align their visions, goals, strategies and outcomes and increase the trust among them.
 - c. Increase understanding of roles and appropriate actions to take.
 - d. Infuse information on resiliency and protective factors into all levels of support and intervention for children and families who experience DV.
 - e. Insist on including survivors' views in the planning, implementation and evaluation processes
 - f. Identify policy issues for consideration by SKCCN BoardPartnerships will focus on two arenas: 1. **Intervention** for children already exposed to DV and 2. Efforts to strengthen protective and resiliency factors within families in order to **prevent** or reduce the likelihood of family violence.
2. **Training targeted audiences about the impact of family violence on children and how they can help.** The SKCCN Board has chosen to continue our work to build community supports through work with four targeted audiences in South King County. Raising community awareness of family violence, adverse childhood experiences and possible strategies to combat these issues is critical to our work. Past experience has taught us that by targeting our audience we can design messages that meet the needs of specific populations. Those groups include:
 - South King County Domestic Violence Task Forces
 - Parent Teacher Student Associations
 - Healthcare providers
 - Youth who are beginning to date
3. **Review of Community Efforts** to continue the work in Federal Way and Tukwila to identify and implement improvements to the formal system and informal supports for children exposed to DV. Local policy changes will be evaluated for effectiveness, and when appropriate, forwarded on for consideration of state-wide implementation. Options for decategorization will be analyzed at the regional level since victim and batterers are primarily either county, state or federally funded. Other South King County cities, and others from outside SKCCN boundaries, thanks to publicity surrounding the Association of Washington Cities award, are expressing interest in a Review process of their own. SKCCN has worked closely with seven city DV task forces to develop collaborative relationships and regional activities (e.g. now annual Walk-a-thon to raise funds for children's services). SKCCN will study the feasibility of broadening the Review process to run

through the Collaborative so that more cities can take advantage in the near future.

4. **Safety and accountability audit** SKCCN has become aware of, and has sent a team of three to be trained in, the Safety and Accountability Audit process. This audit is a method of assessment and analysis for exploring institutional responses to domestic violence: how workers within agencies and systems are organized and coordinated to think and act on cases. This approach has been developed by Praxis International, an Office on Violence Against Women-designated technical assistance provider. SKCCN is recommending that a community partnership be formed in South King County to conduct a safety and accountability audit to explore the following question:

How do batterer intervention programs address batterers' violence and its impact on their children?

SKCCN is hopeful that this kind of audit will prove to be a valuable tool in conducting future Reviews of Community Efforts on a variety of topics.

5. **SKCCN Board Development** The SKCCN Board will continue its efforts to improve and expand their efforts to develop a strong Community Network Board that will have the skills needed to succeed. We will use several strategies for this work by creating a comprehensive recruiting plan, providing a comprehensive new board orientation, accessing training opportunities through the Family Policy Council and other organizations, trainings and discussions at Board meetings by staff or other providers, and discussions/surveys with retiring Board members.
6. **Training for Professionals** The SKCCN Board will continue its efforts to support an Annual Children's Domestic Violence Conference. We will work in collaboration with Public Health – Seattle & King County, the University of Washington, YWCA, Eastside Domestic Violence Programs, Domestic Abuse Women's Network, Children's Hospital, elected officials and others to organize two conferences during March of 2008 and 2009. After the 2006 event conference organizers identified several obstacles if this conference was to continue – both organizational and financial. The SKCCN has agreed to take a leading role in order to assure continuation and growth. We will act as one of two partners that lead the organizational effort and provide services as fiscal agent using our 501(c)(3) status.

4. Here is why we believe our proposed strategy will logically lead to a reduction in our selected problem behavior(s):

Please include a brief description of research or other knowledge base used to develop this strategy

At the request of SKCCN, the Family Policy Council worked with Dr. Anne Ganley to develop a statewide theory of change for stopping the cycle of violence and helping children thrive. The primary resource for the statewide theory is based on *Protecting Children from Exposure to Domestic Violence: the Use and abuse of Child Maltreatment*, Lois Weithorn, J.D., PhD; Hastings Law Journal 2001. This framework, together with *Effective Intervention in Domestic Violence and Child maltreatment cases: Guidelines for Policy and Practice* (the Green Book") have informed SKCCN core strategies.

Dr. Katreena Scott, founder of the Caring Dads program in Ontario, Canada, taught us the importance of differentiating between generic parent education programs and what is needed to educate batterers. Her training and consultation resulted in the establishment of one Caring Dads program in Seattle and will hopefully lead to similar programs in South King County. Her research struck a cord with the SKCCN Board as she informed them that fathers in her program report that they remain active in the lives of an average of seven children each. She recommended collaboration between parent educators and batterer intervention programs.

"Re-Examining 'Battering': Are All Acts of Violence Against – Intimate Partners the Same?", research by Ellen Pence and Shamita Das Dasgupta, Praxis International, June 2006, has become a central document in several important Board discussions around gender. The

research helps lay out different kinds of violence committed by men and women and provides a more neutral lens through which to view gender differences. As a result the SKCCN Board voted to take a neutral stance on gender despite considerable pressure to follow a more traditional DV advocacy stance that associates all DV with male privilege. Safety and accountability audits were developed by Ellen Pence and Praxis International. Their collaboration with a local Safe Havens audit led SKCCN to prepare to conduct such an audit.

ACES research captured the energy of Board members as they began to see the inter-relationships between different kinds of adverse childhood experiences. That led to bringing Dr. Anda to our community for a day long presentation and discussion in April 2007 and was followed by several presentations to the medical, school counselors, and early learning communities about ACES. While SKCCN has chosen to continue its primary focus on children exposed to DV, we plan to frame community dialogue around ACES.

Finally, research on resiliency has also captured the imagination of the SKCCN Board. In fact, the Partnerships, Research and Policy Committee has committed to an intense study of the subject between now and June 2008 in order to become better prepared to influence service providers and generic community members to include resiliency principles in their work with all families. As a beginning to that process committee members have begun reading the following research Over-Coming the Odds: High Risk Children by Emmy E. Werner and Ruth S. Smith, Journeys from Childhood by Emmy E. Werner and Ruth S. Smith, Resiliency: What We Have Learned by Bonnie Benard, and The Resilient Self: How Survivors of Troubled Families Rise Above Adversity by Steven J. Wolin, M.D. and Sybil Wolin, Ph.D.

The SKCCN Board hopes that its focus on resiliency will prove to be a good fit with ACEs as a best practice to help individuals and families prevent and/or recover from ACEs.

Beyond research and consultation with national experts, SKCCN has relied on its own experience, especially the great success of partnerships over the past biennium. Surveys from collaborative partners spoke over-whelmingly to the success of SKCCN in joining other efforts and how SKCCN is now a respected partner at the table across King County. Through collaboration, SKCCN has been able to build better understanding across agencies, disciplines and systems.

Similarly, SKCCN learned from current Reviews of Community Efforts how effective that strategy has been in mobilizing local action to improve responses to children exposed to DV. Federal Way's receipt of the Municipal Excellence Award for its work on DV by the Association of Washington Cities speaks volumes about the value of our Review efforts.

In the arena of Board development, without knowledge they wouldn't be able to make informed choices about allocation of resources. In two short years the Board overcame major dissention and turn-over to become a strong, working Board with members actively making community presentations, engaging in in-depth conversations with national experts, and capably steering the Network toward even greater achievements.

5. This theory of change is consistent with the Network's ten-year plan, as shown in the 2007 - 2009 Two-Year Work Plan submitted to the Family Policy Council.

Yes No (if no, please attach explanation)

6. The Network would also like the Family Policy Council to note the following:
Add any additional information you believe is required to explain your proposed project

We will do this work during: Oct. 1, 2007 – June 30, 2009

With the following key partners:

King County Coalition Against DV, Public Health; Seattle and King County; South King County cities and their DV task forces; parent educators, batterers intervention providers; Safe & Bright Futures Pilot partners, healthcare providers, schools, law enforcement, criminal justice professionals; DV survivors; DV victim service providers; DSHS Division of Children & Family Services; faith communities; and grassroots residents of South King County.

7. The Network agrees to design activities and services within the scope of the strategy (above) with a focus on producing specific measurable results, and to clearly identify at the beginning of the activity or service a specific indicator that will be used to measure the success or failure of the activity or service in achieving the desired measurable result. The Network further agrees to identify the method that will be used to document the indicator status, for example: pre and post survey, staff notes, participant self-reporting, etc.

Yes **The Network agrees to and understands this requirement.**

No *The Network does not agree to this requirement.*

8. The Network reimbursement for this work will not exceed: \$264,945.00
To be matched by in-kind or cash contributions totaling at least: \$ 88,000.00
For a total budget of: \$ 352,945.00
(Network match must be at least 25% of the reimbursement amount)

Please fill out the attachment titled “SERVICE PROPOSAL” for at least one project or activity that is known at the time the Statement of Work is filed to the FPC.

NETWORK This Statement is submitted and approved by _____ <i>(print or type name)</i> _____ <i>(title)</i> _____ <i>(signature)</i> on: _____ <i>(date)</i>
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FAMILY POLICY COUNCIL This Statement is accepted and approved by _____ <i>(first staff signature)</i> _____ <i>(effective date)</i> _____ <i>(second staff signature)</i> _____ <i>(effective date)</i>
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