

# SERVICE PROPOSAL – for Individual Project

A supplement to the 2005 - 2007 Statement of Work  
that details planned measurable results and their indicators for each network project  
**TO BE SUBMITTED PRIOR TO OBLIGATION OF FUNDS FOR ANY PROJECT/SERVICE**

## ***South King County Community Network***

The activities on this Service Proposal detail Statement of Work #:

(SOW Number from FPC)

### **1. Project or Service Name: Collaborative Partnerships**

#### **Project Description:**

#### **What will be done?**

SKCCN will work collaboratively with community partners to design a workable system of community responses to children exposed to DV. We recognize it will take partnerships across many systems and sub-communities to develop an effective system. Partnerships will focus on two arenas: 1. **Intervention** for children already exposed to DV and 2. Efforts to build **protective and resiliency** factors within families in order to strengthen families and reduce the likelihood of family violence.

Through collaborative partnerships SKCCN will

- a. Assist the community to implement desired community responses to children exposed to DV.
- b. Help systems align their goals, strategies and outcomes.
- c. Inform all planning about best and promising practices.
- d. Access survivors in order to include their voices in SKCCN planning, implementation and evaluation processes.
- e. Identify policy issues for consideration by SKCCN Board.
- f. Help design and demonstrate best practices for building resiliency in families with young children by increasing supports.

#### **How will the project be carried out? Who will participate?**

National literature on best and promising practices for children exposed to DV calls for coordinated and integrated community responses. While there is a complex array of formal victim services, there are few specialized programs for children. No real *system* currently exists to respond to children. The federal Safe & Bright Futures, planning grant, completed in 2006, resulted in a set of recommendations that, if implemented, would **build an integrated system**. It is through continued collaboration with Safe & Bright Futures partners, and others like it, that SKCCN believes it can most effectively help align efforts to improve services for children and encourage the use of best and promising practices.

SKCCN will focus on building new partnerships as it further explores **domestic violence from parenting perspectives**. E.g. conversations with parent educators have already begun to open dialogue between parent educators and batterer intervention providers. Katreena Scott, an international expert on working with battering parents, reports that batterers, on average, continue to be in the lives of seven children each. While batterers are routinely referred to parent education classes, those classes may not be in a position to effectively hold batterers accountable for their violent behavior. In fact, Katreena Scott warns that batterers' participation in generic parent education may increase, rather than decrease, safety for families. Parent educators have expressed the need for consultation with batterer intervention providers. SKCCN will convene those conversations and work to establish on-going partnerships to encourage the use of best practices.

In addition, SKCCN has become aware of, and has sent a team of three to be trained in, the **Safety and Accountability Audit** process. This audit is a method of assessment and analysis for exploring institutional responses to domestic violence: how workers within agencies and systems are organized and coordinated to think and act on cases. This approach has been developed by Praxis International, an Office on Violence Against Women-designated technical assistance provider. SKCCN is

recommending that a community partnership be formed in South King County to conduct a safety and accountability audit to explore the following question:

*How do batterer intervention programs address batterers' violence and its impact on their children?*

SKCCN is hopeful that this kind of audit will also prove to be a valuable tool in conducting future Reviews of Community Efforts on a variety of topics.

Finally, SKCCN has committed to a careful review of literature and research on **resilience**. That review will provide direction for future SKCCN efforts to increase protective factors in children and families. SKCCN will collaborate with existing efforts as well as build new partnerships to implement new strength-based strategies. The Partnerships, Research and Policy Committee has committed to an intense study of the subject between now and June 2008 in order to become better prepared to influence service providers and generic community members to include resiliency principles in their work with all families. As a beginning to that process committee members have begun reading the following: *Over-Coming the Odds: High Risk Children* by Emmy E. Werner and Ruth S. Smith, *Journeys from Childhood* by Emmy E. Werner and Ruth S. Smith, *Resiliency: What We Have Learned* by Bonnie Benard, and *The Resilient Self: How Survivors of Troubled Families Rise Above Adversity* by Steven J. Wolin, M.D. and Sybil Wolin, Ph.D. The SKCCN Board intends that its focus on resilience will lead to helping the community design responses to create, as suggested by Dr. Rob Anda at the Oct. 2007 Staff and Board Retreat, "immunity or inoculation", against to prevent ACEs.

A list of purposes and partners for a variety of SKCCN collaborations is attached. It represents only a beginning list that will change over time. Network staff participate in partnership meetings and, when appropriate, take on leadership for specific tasks. E.g. facilitate the work of specific work groups or sub committees as opportunities arise.

**Date Start: 10/1/07**  
**Date Finish: 6/30/09**

**Network Funds Committed to Project:**  
**(Exclusive of Matching Funds): \$104,721.00**

## 2. **Measurable Results (Outcome)<sup>1</sup>:**

### **Family and child:**

- A. Increase child safety
- B. Increase parenting skills for offending and non-offending parents
- C. Strengthen families by increasing their resiliency
- D. Reduce perpetration of DV

### **Community Results:**

- A. Improve community and system response to children exposed to DV

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*Measurable Result: Short-term child and family result/outcome means a measurable change in the knowledge, skills, attitude, behavior, or status of a child or family that can be expected to occur within one to two years, and with sufficient scale and duration, may be logically related to a long term result; or Community Result means a change in the skills, practices, awareness, and/or response to human needs on the part of service providers, policy, and other decision makers, systems, organizations, and communities that can be expected to occur within one or two years and with sufficient scale and duration, is expected to lead to long-term results in the lives of children and families.)*

### 3. Results (Outcome) Indicators<sup>2</sup>

While each collaboration has its own set of outcomes and evaluation tools, SKCCN will measure the **effectiveness of all collaborative efforts** as follows:

1. How many collaborative partners report improved communications among partners?
2. How many collaborative partners report an increased level of trust among partners?
3. How many partners report that their service plans incorporate feedback from those affected by the partnership and to what degree those views influence their actions?
4. How many partners report that their service plans include common visions and complimentary goals/strategies?

**Child & Family results indicators** are being developed by specific partnerships but are likely to include the following:

**For intervention collaborations:**

1. How many children have safety plans?
2. How many batterers report more knowledge about the impact of their violence on their children?
3. How many offending and non-offending parents increased their skills in dealing with the impact of DV on their children?

**For prevention collaborations:**

4. How many children have more protective factors?

### 4. How is the information being collected about the indicator?

**Collaboration results:**

Indicators 1-4 Bi-annual survey of collaborative partners.

**Child and Family Results:**

Pre/post program survey tools

### 5. How often will the Network receive reports about the measurable results?

SKCCN Board members track the progress of partnerships through the Partnerships, Research and Policy Committee. The committee will review efforts on a monthly basis and report significant findings/issues to the Board. Written committee reports and staff reports go to the Board at each board meeting and will be emailed to all board members. Monthly staff reports will provide highlights of partnership actions. These updates will be posted on the SKCCN website in order to provide easy access to board members and to interested community individuals. The lead SKCCN staff for each partnership will be responsible for assuring that evaluation surveys are conducted in a timely manner and are reported on to the Board. Results that are tied to community partnership funding (e.g. Safe & Bright Futures) will be dependent upon those partnership timelines.

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<sup>2</sup> *Result Indicator: A precise statement of what will be observed or asked that would give data for reporting results. Examples: What is the number of parents who use appropriate disciplinary techniques? What is the number of families who have at least one person to assist in respite care for child?*