

SERVICE REPORT – for Individual Project Proposals

A supplement to the 2007 - 2009 Statement of Work
that details planned measurable results and their indicators for each network project
TO BE SUBMITTED PRIOR TO REIMBURSEMENT FOR ANY PROJECT/SERVICE

South King County Community Network

The activities on this Service Report detail Statement of Work #:

(SOW Number from FPC)

1. Project or Service Name: Building Community Supports through work with Targeted Audiences

Project Description:

Please provide a short summary of the program or project. What will be done? How will the project be carried out? Who will participate?

The size of our community makes it necessary for the SKCCN to carefully consider how to best target our efforts – a lesson we learned from Mary Murray in 2003-05 and continue to consider when discussing our community awareness efforts. This biennium the Board has chosen to continue our work to build community supports through work with four targeted audiences in South King County. Those groups include:

- South King County Domestic Violence Task Forces
- Parent Teacher Student Associations
- Healthcare providers
- Youth who are beginning to date

A. South King County Domestic Violence Task Forces (DVTF) Regional Collaborative

The SKCCN will continue efforts to build communication and collaboration between the seven domestic violence task forces in South King County. Staff will be assigned the task of facilitating the process which will include discussions of mission, goals, services needs, efforts and possible collaborations. Two examples of growing collaborations between task forces that have already resulted from our work with the DVTF in 2007-09 include:

- Purple Light Nights – two South King County DVTF's have sponsored purple lights in the community for October's DV Awareness month. Covington sold over 600 purple porch lights to community members to use during the month in an effort to raise awareness and some needed funding to support needs of Covington families. Kent implemented the purchase and installation of strings of purple lights in the Kent Station Shopping Center where they also setup an informational booth twice weekly during lunch. The SKCCN helped to secure grants to cover the cost of purchasing lights from the Kent Rotary and Kent Soroptimists. It is hoped that all seven communities will take up the purple light effort in 2008.
- Steppin' Out to Stop Domestic Violence Walk-A-Thon – the DVTF's hosted the Second Annual SOSDV Walk-A-Thon on October 6 with over 120 participants and a projected profit. The Third Annual SOSDV Walk-A-Thon is already being planned for October 4, 2008. The SKCCN provide staff support to organize the event and financial management of both income and expenditures plus the SKCCN provides "front money" through our non-profit arm. The event has three goals:
 - a. Raise awareness of how domestic violence affects children exposed
 - b. Support the needs of a Regional Collaborative of domestic task forces in South King County
 - c. Raise money to support preventive programs for children exposed to domestic violence

In addition, the Regional Collaborative hosts quarterly meetings of DVTF members which provide education and networking opportunities. The SKCCN will continue to encourage and support efforts such as the above. It should be noted that the Regional Collaborative will be given control of all funds raised from their efforts to design and implement programs that support children exposed to domestic violence.

B. Youth – Peer to Peer Support and Education on Healthy Relationships

The SKCCN will encourage youth participation in an awareness effort within the eight school districts in South King County revolving around healthy relationships and dating violence. The Board believes that work with youth may be one of the most important pieces to prevention of family violence. According to the National Center for Victims of Crime (NCVC) web site – Dating Violence Resource Center – “Twenty percent of teenage girls and young women have experienced some form of dating violence including controlling, abusive, and aggressive behavior in a romantic relationship.” A recent NCVC survey of over 4000 providers in the US identified that teens have “significant victim service needs. The most common needs identified were awareness, outreach, and education.”

The SKCCN will offer four \$500 mini grants to students for a projects that will raise awareness about dating violence and create a peer support effort among students. Each project chosen will be required to provide a written plan that is measurable and will include a match amount. SKCCN staff will work closely with school district leaders to assure each project fits within school district regulations and has parent support. The SKCCN Board is excited about the prospect of taking this new approach and hopes it will also result in the formation of a Youth Advisory Council for the SKCCN Board.

C. Parent Teacher Student Associations (PTSA) in the Tukwila School District

The SKCCN has expanded its Review efforts into the City of Tukwila. During the 2005-07 biennium we learned that the Review process offers a unique opportunity to build partnerships within the community. Our work will include a three prong effort:

- PTSA – We will work with parents through the PTSA’s at each school in the Tukwila school district by providing education about family violence and Adverse Childhood Experiences. We will design a 25-30 minute presentation for this work and will make that presentation to each PTSA.
- Dialogue – The SKCCN will then work with PTSA leaders, educators and youth to design an appropriate follow-up and open a dialogue to discuss next steps in the Tukwila School District.
- Peer to Peer – As stated above, we believe youth involvement could be a key part of our prevention effort. For this reason we will students to provide education on healthy relationships and dating violence. Our goal is to give voice to students and allow them to be an integral part of designing a program that will build a network of peer supports within the school district.

D. Healthcare Providers

The SKCCN will continue its work with healthcare providers at Valley Medical Center and South King County MultiCare sites. Our efforts will focus on education and implementation of system changes that will provide needed supports for families experiencing violence. The healthcare community provides a unique opportunity because providers not only have contact with victims but abusers. In many cases they may have a relationship with abusers that will allow them to guide the abuser to find help. For this work we will focus on:

- Internal Medicine
- Pediatrics
- Family Practice
- Internal Medicine
- Emergency Room and Urgent Care

Training will focus on basic domestic violence, how domestic violence affects children exposed and how the provider can best help the family. Education design is critical to this effort. Our efforts in 2005-07 have shown us that we must first make healthcare providers

understand that this is one problem that they cannot cure – that is up to the patient. Providers must be given strategies that they can implement during the short 10-15 minute period that they will have contact with victims and abusers. They will also be shown how to make their facilities domestic violence friendly by providing brochures and signage that encourages families to trust that this is a safe place to talk.

Our early work in 2005-07 demands a continuation of this education effort and promises a growth in our collaborations with healthcare providers. One example is our work with Valley Medical Center. We have worked to open doors with VMC for several years and our work in 2005-07 was just a beginning. During the creation of this plan tragedy struck at Valley Medical Center when one of their Medical Assistants was murdered by an abuser. Their response was to contact the SKCCN and ask us to organize and provide a training on Domestic Violence at their November 27 Grand Rounds session. They have also expressed an interest in a major training on Adverse Childhood Experiences.

We are sure that our efforts with the medical community will continue to grow and build momentum that will reduce family violence in South King County and help children exposed.

Date Start: July 1, 2006 Date Finish: June 30, 2007	Network Funds Committed to Project: (Exclusive of Matching Funds): TOTAL \$39,182.00
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2. Measurable Results (Outcome)¹:

Individual

- Increase child safety

Community

- Improve community and system responses to children exposed to DV and other adverse childhood experiences.

3. Results (Outcome) Indicators²:

A. South King County Domestic Violence Task Forces Regional Collaborative

- Increased collaboration to provide supports for children exposed to domestic violence
- Success at planning and hosting the Annual Steppin' Out to Stop Domestic Violence Walk-A-Thon.

B. Parent Teacher Student Associations in the Tukwila School District

- Parents will have a better understanding of how exposure to violence affects children
- Parents will have the skills needed to provide support for other parents

C. Healthcare Providers

- Healthcare providers will better understand how childhood exposure to violence affects their patients
- Screening of patients will allow the healthcare community to better identify and respond to patients with high ACE scores – breaking the intergenerational cycle.

¹ *Measurable Result: Short-term child and family result/outcome means a measurable change in the knowledge, skills, attitude, behavior, or status of a child or family that can be expected to occur within one to two years, and with sufficient scale and duration, may be logically related to a long term result; or Community Result means a change in the skills, practices, awareness, and/or response to human needs on the part of service providers, policy, and other decision makers, systems, organizations, and communities that can be expected to occur within one or two years and with sufficient scale and duration, is expected to lead to long-term results in the lives of children and families.)*

² *Result Indicator: A precise statement of what will be observed or asked that would give data for reporting results. Examples: What is the number of parents who use appropriate disciplinary techniques? What is the number of families who have at least one person to assist in respite care for child?*

D. Youth – Peer to Peer Support and Education on Healthy Relationships

- Youth will have the skills and knowledge to form healthy relationships
- Dating violence will be reduced through understanding of health relationships

4. How is the information being collected about the indicator?

A. South King County Domestic Violence Task Forces Regional Collaborative

- Regional Collaborative Surveys – The active members at monthly Regional Collaborative meetings will be surveyed each year about the effectiveness of the effort.
- Domestic Violence Task Force Surveys – Members of individual task forces will be surveyed each year for their input on the effectiveness of the effort
- SOSDV Debrief – The active members of the SOSDV planning committee will be surveyed after each Walk-A-Thon on the effectiveness of this event.

B. Parent Teacher Student Associations in the Tukwila School District

- Surveys – Parents will be surveyed after each training session.

C. Healthcare Providers

- Healthcare providers will better understand how childhood exposure to violence affects their patients
- Patient histories will allow the healthcare community to better identify and respond to patients with high ACE scores – breaking the intergenerational cycle.

D. Youth – Peer to Peer Support and Education on Healthy Relationships

- Pre and post testing of students who participate

5. How often will the Network receive reports about the measurable results?

1. Staff Reports – SKCCN Board members will receive monthly staff reports with information on the status of progress for each portion of this effort.
2. Committee Reports – SKCCN Board members will receive monthly minutes from committee meetings. The minutes will include notes on discussion for these efforts.
3. Special Reports – SKCCN Board members will be provided with specialized reports on each effort as major milestones are reached. As an example: The SKCCN will participate in a Grand Rounds training of healthcare providers at Valley Medical Center on November 27, 2007. The SKCCN Board will receive a written report on the results of that effort in their December 12 Board packets.